

Lodging

- **Courtyard by Marriott Chicago Downtown/River North**
 - **Reserved room block - \$129/night** (not including tax)
 - 2 queen beds (up to 4 guests per room)
 - 25 rooms available
 - Includes:
 - Breakfast (provided that 10 rooms are booked)& 2 water bottles per day
 - 30 E Hubbard St, Chicago, IL 60611
 - Booking link: <https://app.marriott.com/reslink?id=1769800455438&key=GRP&app=resvlink>
- **The Congress Plaza Hotel & Convention Center**
 - **\$163/night** (not including tax)
 - Breakfast included
 - 520 S Michigan Ave, Chicago, IL 60605
- **Airbnb/Vrbo**
 - Neighborhood suggestions: River North, West Loop, Lincoln Park, Lakeview

2026

**Social Justice
Through Sport
and Exercise
Psychology
Symposium**

Getting to Adler University

17 N Dearborn St, Chicago, IL 60602

• Airports

- **O'Hare** → take the Blue Line train to Washington stop downtown
 - 45 min train ride + 1 min walk
- **Midway** → take orange line train to Washington/Welles stop downtown
 - 40 min train ride + 7 min walk
- Lyft/taxi/uber

• Hotels

- **Courtyard by Marriott**
 - Red line train → 11 min, get on at Grand and off at Lake
 - 22 bus line → 12 min
 - 15 min walk
- **Congress Plaza Hotel**
 - J14 bus line → 10 min
 - 15 min walk

Bites close to Adler

Restaurants

- **Roti** → Mediterranean bowls, salads, pitas
 - GF, V, vegan available
- **Sweetgreen** → healthy salad bowls and plates
 - GF, V, vegan available
- **Washington Hall Food Court**
 - All too well - sandwiches
 - Vitsana - salads and bowls
 - Bhoomi - indian
 - Dope Drip - Puerto Rican
 - Happy Lobster - seafood
 - Pizza Joint
 - Metro Wings - wings and more
 - Yunani - Greek/Lebanese
 - Chicago's Dog House - hot dogs and burgers

Coffee Shops

- Stan's Donuts and Coffee
- Starbucks
- Dollop Coffee Co
- Dunkin'
- Goddess and the Baker
- Intelligentsia Coffee Millennium Park

